

Grade 1

Sifal School (DSS) follows the course prescribed by the Curriculum Development Center (CDC), government of Nepal.

However, to maintain the world class standard on Mathematics and Science with the enhanced focus on Essential Skills, Language Skill, ECA Skill and Academic Fundamentals, the school has also developed its own multiple DSS Credit courses. Such courses are believed to be highly contextual and pragmatic.

SN	Subject	Credit Hours	Annual Course Hours	Course Type
1	Nepali	4	128	CDC Credit
2	English	4	128	CDC Credit
3	Mathematics	4	128	CDC Credit
4	हाम्रो सेरेफेरो	5	160	CDC Credit
5	Sanskrit	2	64	*DSS Credit
6	Coding	2	64	*DSS Credit
7	DSSTalk	1	32	*DSS Credit
8	Nepali Reading	2	64	*DSS Credit
9	English Reading	2	64	*DSS Credit
10	Science	3	64	*DSS Credit
11	Handwriting	1	32	*DSS Credit
12	Visual Arts	2	64	*DSS Credit
13	Dance	2	64	*DSS Credit
14	Music & Vocal	2	64	*DSS Credit
15	Theater	2	64	*DSS Credit
16	ECA on Sports	2	64	*DSS Credit

Under the ECA on Sports, DSS teaches the following courses as a part of Exclusive Clubs

1. Athletics
2. Badminton
3. Basketball
4. Chess
5. Cricketsal
6. Futsal
7. Gymnastic
8. Swimming
9. Table Tennis
10. Taekwondo ITF
11. Volleyball
12. Yog & Meditation

Students will select either of the above-mentioned courses.