

Grade 1

Sifal School (DSS) follows the course prescribed by the Curriculum Development Center (CDC), government of Nepal.

However, to maintain the world class standard on Mathematics and Science with the enhanced focus on Essential Skills, Language Skill, ECA Skill and Academic Fundamentals, the school has also developed its own multiple DSS Credit courses. Such courses are believed to be highly contextual and pragmatic.

| SN | Subject | Credit Hours | Annual Course Hours | Course Type |
|----|-----------------------------|--------------|---------------------|--------------------|
| 1 | Nepali | 5 | 160 | CDC Credit |
| 2 | English | 4 | 128 | CDC Credit |
| 3 | Mathematics | 4 | 128 | CDC Credit |
| 4 | हाम्रो सेरेफेरो | 8 | 256 | CDC Credit |
| 5 | <i>Sanskrit</i> | 2 | 70 | <i>*DSS Credit</i> |
| 6 | <i>Coding</i> | 2 | 70 | <i>*DSS Credit</i> |
| 7 | <i>DSSTalk</i> | 1 | 35 | <i>*DSS Credit</i> |
| 8 | <i>Nepali Reading</i> | 2 | 70 | <i>*DSS Credit</i> |
| 9 | <i>English Reading</i> | 2 | 70 | <i>*DSS Credit</i> |
| 10 | <i>Science</i> | 2 | 70 | <i>*DSS Credit</i> |
| 11 | <i>Handwriting</i> | 1 | 35 | <i>*DSS Credit</i> |
| 12 | <i>Visual Arts</i> | 2 | 70 | <i>*DSS Credit</i> |
| 13 | <i>Dance</i> | 2 | 70 | <i>*DSS Credit</i> |
| 14 | <i>Music & Vocal</i> | 2 | 70 | <i>*DSS Credit</i> |
| 15 | <i>Theater</i> | 2 | 70 | <i>*DSS Credit</i> |
| 16 | <i>Physical Training</i> | 2 | 70 | <i>*DSS Credit</i> |
| 17 | <i>Yog & Meditation</i> | 1 | 35 | <i>*DSS Credit</i> |