

Field Visit | Grade 7 | Shrawan 03, 2080

The students of Grade 7 visited '**National Center for Fruit Development**' as a part of school's regular calendar activity - Field Visit. The students identified various national and international fruits, gained knowledge about the production process involved in growing and cultivating fruits and vegetables.



House Wise Competition | Grade 5 | Shrawan 04

As part of the House Wise Competition at the Middle School Level, "Word List Game" competition was organized. The event provided an excellent platform for testing our students' vocabulary, quick thinking, and word recall abilities. Mahakali house was the winner.



Class Wise Quiz Contest | Shrawan 05, 2080

Students of Grade 4 had a Quiz Contest on Shrawan 5. The objective was to encourage students in fun learning methods and enhance general knowledge. Such competition significantly contributes to the holistic development of students. It is part of their regular calendar activity.



Open Debate | Shrawan 08, 2080

Students from Grade 3 had an Open Debate Competition on the topic: "**Teachers should be replaced by computers**". The students showed enthusiasm and came up with some insightful points which surely has enhanced their ability to structure and organize their thoughts as well as the ability to think critically.



Field Visit | Grade 8 | Shrawan 08, 2080

The students of Grade 8 visited '**BP Koirala Memorial Planetarium, Observatory and Science Museum**' as a part of school's regular calendar activity - Field Visit. During the field visit, students learned how scientific discoveries are applied in various fields and everyday life. It covered a wide range of scientific disciplines, including Physics, Biology, Astronomy, Geology, and more.



Class Wise Quiz | MS | Shrawan 10, 2080

The Intra-class quiz competition of Grade 6 was conducted successfully. Such activity engaged students in an enjoyable environment, promoted learning, tested their knowledge and skills, fostered healthy competition.



Deerwalk Sifal Night | ES | Shrawan 12, 2080

DSS had successfully conducted Deerwalk Sifal Night of Grade (1 & 2) on Shrawan 12 and Grade (3 & 4) on Shrawan 19 respectively. At the event, the students demonstrated different forms of the performing arts they have learned which includes dance, music, visual arts, athletics, yoga and meditation, theater, vocal, and taekwondo ITF. The event was an unforgettable celebration of creativity and artistry, filled with captivating performances.



Hiking | Grade 11 | Shrawan 14, 2080

The students of Grade 11 hiked from Budhanilkantha to Nagi Gumba. Throughout the hike, students displayed tremendous enthusiasm and were filled with joy as they had the chance to intimately connect with nature. The hike was educational, exhilarating, captivating, and enjoyable.



First Term Result Distribution | Shrawan 15

On Shrawan 15, Monday, the First Term Result was successfully distributed. On the day, teachers had also interacted with the parents regarding the progress of the students.



Class Wise Spelling Bee | ES | Shrawan 16, 2080

Class Wise Spelling Bee competition at Elementary School (Grade 2) was conducted successfully. The main objectives of the program were to develop spelling skills and enrich vocabulary. Students participated and attended the program with great zeal and the outcomes turned out to be fruitful.



Class Wise Quiz | HS | Shrawan 17, 2080

The Intra-class quiz competition at High School (Grade 9 & 10) was conducted successfully. It aims to encourage academic knowledge, enhance cognitive abilities, encourage healthy competition, and foster an interactive learning environment that supports the overall growth and development of students. The participants displayed remarkable enthusiasm during the program, leading to a highly competitive atmosphere among them.



Open Mic | MS | Shrawan 18, 2080

The students from Middle School (7 & 8) had conducted Open Mic. This is a regular live show, hosted and conducted by students themselves. In this show, the students at Middle School, the audience took the stage and tried out their (songs, musical instruments, poems, comedy, story and many more.)



Hiking | Grade 12 | Shrawan 21, 2080

The students of Grade 12 hiked from Changunarayan to Sankhu. Throughout the hike, students displayed tremendous enthusiasm and were filled with joy as they had the chance to intimately connect with nature. The hike was educational, exhilarating, captivating, and enjoyable.



Science Talk | Shrawan 22, 2080

The Science Talk of Shrawan 2080, on the topic **'Elements Pythagorean Theorem in much earlier Vedic texts of Shulba Sutras'** was conducted successfully with Prof. Shiva Gautam. He focused on the applications of Pythagorean theorem, different ways of proving algebraic formulas, basic concept of Shulba Sutra and its relation with Mathematics. He also gave a general idea on Vedic concepts and Babylonian civilization.



Current Affairs | ES | Shrawan 22, 2080

The Current Affairs for Elementary School (Grade 1) was successfully conducted where the students shared the current situation of the nation across the globe on different topics. "Lumpy skin disease in cattle, Risk of conjunctivitis and its preventive measures, Electricity, 14 peaks climbed in 92 days" were the major topics that the students presented

and discussed. This helps raise students' awareness of ongoing national and international situations.



Parents Talk | Shrawan 23, 2080

Mr. Khil Thapa, father of Joyana Thapa (Grade 5) spoke to the students about **'Trekking and Mountaineering'**. He shared various aspects related to climbing mountains and trekking adventures. He also shed light on the financial aspects of mountain climbing.



Class Wise Spelling Bee | MS | Shrawan 29, 2080

Class Wise Spelling Bee competition at Middle School (Grade 8) was conducted successfully. The main objectives of the program were to develop spelling skills, enrich vocabulary. Students participated and attended the program with great zeal and the outcomes turned out to be fruitful.



Field Visit | Grade 9 & 10 | Shrawan 30, 2080

The field visit to "BP Koirala Memorial Planetarium, Observatory and Science Museum" was conducted successfully. A wide range of scientific topics, including physics, biology, astronomy, geology, and more, were covered during the tour. The bridge between the students' theoretical knowledge and practical knowledge was enhanced as they were able to witness how scientific discoveries are applied in a variety of contexts, from everyday scenarios to fields of study.



Hamro Palama | ES | Shrawan 32, 2080

Hamro Palama is the regular calendar activity of Sifal School where our grandparents/guardians speak to the students sharing their experiences in various fields and compare the situations now and then.

