

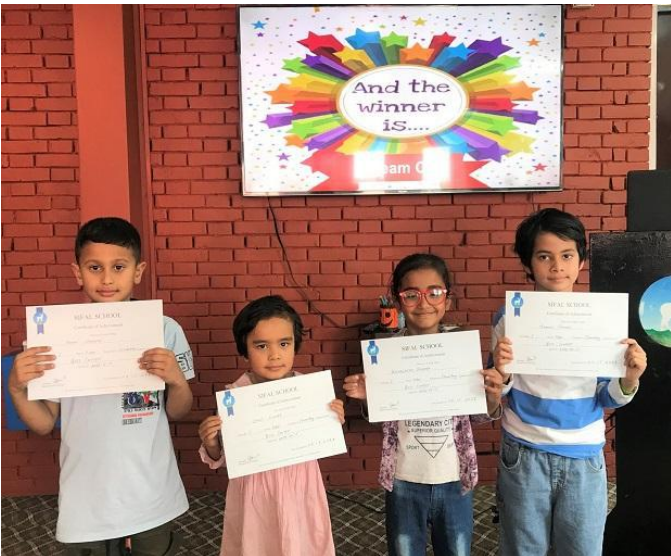
Field Visit (Grade 1) | Jestha 2, 2080

The students of Grade 1 visited “नक्साल तरकारी बजार” as a part of their regular field visit. They observed and explored various seasonal and non-seasonal vegetables in the market. They also interacted with the shopkeepers.



Quiz Contest | Intra Class

The students of Elementary School participated in the Class Wise 'Quiz Contest'. This aims to enhance the general knowledge and teamwork of the students. It is part of their regular calendar activity.



House Wise Competition

As part of the House Wise Competition at the Middle School Level, "Minute to Win It" competition was organized. It consisted of five rounds: The Language Round, the Science and Physical Health Round, the Coding Round, the History and Geography Round, and the Game Changer Round.



Mathematics Challenge | Jestha 5

The Mathematics Department conducted a 'Mathematics Challenge' to the students at Lower High School, as a part of the school's 'House Wise Competition'. This challenge aimed at enhancing problem solving skills and developing mathematical aptitude of the students. Karnali house won the competition.



Grade 5 Hiking | 2080

The students at Middle School Freshmen Year (Grade 5) hiked from Sankhu to Telkot and back. The hike was adventurous, exciting, memorable, and exhausting. There was the active participation and coordination of all the students.



Class Wise Open Debate Competition | 2080

Students from grade 1 - 4 participated in the Open Debate Competition on Jestha 8. Debate enhances communication skills and improves students' ability to argue using facts and logic. It is part of their regular calendar activity.



Booktalk | Jestha 09, 2080

Ms. Kabita Parajuli (Nepali author) spoke to the students of Middle School in the BookTalk Session of Jestha. She has published several books on Nepali literature. The students at Middle School had read her book *भ्यागुताको योग कथा सङ्ग्रह* as a part of the monthly reading book.



Field Visit (Grade 2) | Jestha 10, 2080

The students of Grade 2 visited Aqua Sanjeevani as a part of their regular field visit. The field visit destination was aligned with the integrated lesson plan aiming to observe the various stages of the water purification process. The students developed a deeper understanding of water treatment, connecting the classroom learning to the real-world applications.



Class Wise Quiz | MS | Jestha 11

The Intra-class quiz competition at Middle School (Grade 5 to 8) was conducted successfully. The participants thoroughly reviewed the quiz questions, creating an environment of intense competition among them. The quiz was conducted on the theme 'Science, Art, and Literature'.



HS OpenMic | Jestha 12 - 2080

The students of High School conducted Open Mic. This is a regular live show, hosted outdoors in the Sifal School courtyard, conducted by students themselves. In this show, the students at high school, the audience took the stage and tried out their (songs, musical instruments, poems, comedy, story and many more).



Grade 6 Hiking | Jestha 14, 2080

The students at Middle School Sophomore Year (Grade 6) hiked from Changunarayan to Sankhu. Students showed great enthusiasm throughout the hike and made it action-packed. They got closer to nature, learned about cultural heritage and numerous sorts of plants along the way. They further had the opportunity to connect with the local people and understand their way of life.



Class Wise Spelling Bee | ES | Jestha 16

The Intra-class Spelling Bee competition at Elementary School (Grade 1 to 4) was conducted successfully. The main objectives of the program were to develop spelling skills, enrich vocabulary. Students participated and attended the program with great zeal and the outcomes turned out to be fruitful.



Science Talk | Jestha 16, 2080

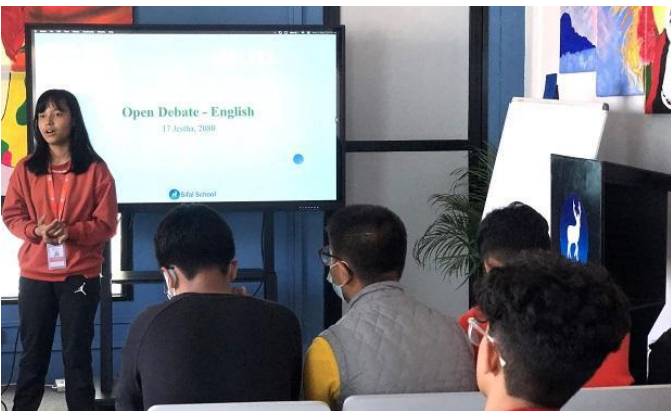
Niresh Dhakal, Director of Academic Affairs at Deerwalk Institute of Technology spoke to the students at High School (Freshmen & Sophomore Years) as a part of school's regular calendar activity 'Science Talk'. He conducted a session on "The Intersection of Artificial Intelligence (AI) and Everyday Life", giving an accessible explanation of AI that even high school students could grasp. He highlighted the positive impacts of AI and also made students aware about the potential concerns of

AI.



Open Debate | MS | Jestha 17

Class-Wise Open Debate Competition in English Language at Middle School was conducted successfully. The participants were given two topics: 'It is better to be good at academics than at sports' and 'Being an only child is better than having siblings. The students showed enthusiasm and came up with some insightful points which surely has enhanced their ability to structure and organize their thoughts as well as the ability to think critically. Not only was the program a learning for the participants but for the audience as well.



Field Visit | Jestha 18, 29

The students of Grade 3 & 4 visited 'All Tropical Plant House' as a part of school's regular calendar activity-Field Visit on Jestha 18 and 29 respectively. They explored the place and collected the details of the diverse species of plants and their distinct requirements based on varying climate.



Quiz Contest | HS | Jestha 18

The Intra-class quiz competition at Lower High School (Grade 9 & 10) was conducted successfully. Such competition aims to promote academic knowledge, develop cognitive skills, foster healthy competition, and create an engaging learning environment that nurtures students' overall growth and development.



MS Open Mic | Jestha 19

The students at Middle School conducted Open Mic. This is a regular live show, hosted outdoors in the Sifal School courtyard, conducted by students themselves. In this show, the students at high school, the audience took the stage and tried out their (songs, musical instruments, poems, comedy, story and many more).



Grade 7 Hiking | Jestha 21, 2080

The students at Middle School Junior Year (Grade 7) hiked from Taudaha to Champadevi and back to Taudaha. The hike was adventurous, exciting, memorable, and exhausting. There was the active participation and coordination of all the students.



ParentsTalk | Jestha 23, 2080

Mr. Mohan Thapa (Father of Erish Thapa - Grade 7) spoke to the students of Middle School (Grade 5 to 8) on 'Hospitality Industry Agencies'.



Current Affairs | ES, Jestha 24

The Class-Wise Current Affairs for Elementary School was successfully conducted. The students,

enacted as reporters, shared the current situation of the nation and across the globe on different topics like the rising temperature of our country, the recent train accident in India, the ongoing war between Russia and Ukraine, and more.



Open Debate | HS, Jestha 25

Class-Wise Open Debate Competition in English Language at High School (Freshmen & Sophomore Year) was conducted successfully. The participants were given two topics: "It is better to be good at academics than at sports" and "Being an only child is better than having siblings". The students demonstrated passion and provided several interesting points, which undoubtedly improved their capacity to structure and organize their thoughts, as well as their ability to think critically.



Open Mic | ES | Jestha 26, 2080

The students at Elementary School conducted Open Mic. This is a regular live show, hosted outdoors in

the Sifal School courtyard, conducted by students themselves. In this show, the students at elementary school, parents, and the audience took the stage and tried out their (songs, musical instruments, poems, comedy, story and many more).



Hamro Palama | ES, Jestha 30

Hamro Palama is the regular calendar activity of Sifal School where our grandparents/guardians speak to the students sharing their experiences in various fields and compare the situations now and then.



Class Wise Spelling Bee | MS | Jestha 31

The Intra-class Spelling Bee competition at Elementary School (Grade 5 to 8) was conducted successfully. The main objectives of the program were to develop spelling skills, enrich vocabulary. Students participated and attended the program with great zeal and the outcomes turned out to be fruitful.



Home Visit | 2080

The annual calendar event **Home Visit** was a month-long event where our teachers visited the respective places of the students and interacted with the parents. Parents/ teachers had a chance to get to know each other better and parents interacted with the teachers in a homely environment.

