



Sifal School

DEERWALK

Sifal Night



Mangsir 8 & 22, Friday



4:45PM - 7:30PM



Open Courtyard,
Elementary School Block &
Deerwalk Complex, Sifal



ELEMENTARY SCHOOL

deerwalk.edu.np

CLOSING REPORT | DEERWALK SIFAL NIGHT | ELEMENTARY SCHOOL | 2080



Sifal School

Executive Summary

Sifal School conducted an auspicious event called "Deerwalk Sifal Night" in which the students demonstrated their skills and knowledge gained in school. The students performed and demonstrated their abilities at the occasion.

Sifal School held "Deerwalk Sifal Night" for Elementary School on Mangsir 8, 2080, and Mangsir 22, 2080, for Grade I–II and III–IV, respectively. Students performed a variety of performing arts that they had learnt during the term in front of their parents, guardians, and teachers. They presented performances in dance, music, theater, visual arts, ITF, yoga, and poetry.

The program started at 4:45 PM with an emcee introduction by Mrs. Ankita Pokharel, Faculty of English Department and Mrs. Hama Rajbhandari, Deputy Head of Elementary School for the Lower and Upper Elementary level respectively. Followed by National Anthem and Shanti Mantra, followed by the welcome speech by Mrs. Sushila Kafle, Faculty of Social Department and Mrs. Ankita Pokharel, for the Lower Elementary and Upper Elementary respectively. They conveyed the importance of academic achievement and pursuing one's hobbies are equally important for the overall development of students. Once the speech was over, the session ended.

There were 14 performances under the different classes and clubs done by the students of Lower Elementary level and 18 performances performed by the students of Upper Elementary.

The program was concluded with a closing note by Ms. Sarina Maharjan, Faculty of Science Department and Mrs. Bidhya Karki, Elementary Educator of Grade II who praised each student for their performance, the teachers for their unceasing work, and the parents for constant encouragement, and even emphasized the significance of the occasion, which gives the students a stage where they are able to display their skills.

Deerwalk Sifal Night | Elementary School | 2080

'Deerwalk Sifal Night—Elementary School' was organized by Sifal School on Mangsir 8, 2080 for the Lower Elementary School and on Mangsir 22, 2080 for the Upper Elementary School. Deerwalk Sifal Night (DSN), one of the school's main events which showcases performances by students who have studied a range of performing arts during the academic term. They present their learnings in front of their parents, guardians, and teachers, students in dance, music, theater, visual arts, poetry, shanti mantra, ITF, yoga, and emceeing.

Mrs. Hangkeng Rai, the Elementary School Head, coordinated the event. The performing arts teachers who guided the students included Mrs. Rameswori Kisi (Dance), Mr. Sanjog Malla (Music), Mr. Rajan Bhujel (Theater), Ms. Sofia Maharjan (Visual Arts), Mr. Jeevan Magar (ITF), and Mr. Dwarika Poudell (Yog), in addition to emceeing and poetry aided by language teachers, Mrs. Ankita Pokharel, Mrs. Bindu Paudel, Mrs. Sindhu Poudel and Mrs. Anjali Gurung.

Key Dates

Task	Date	By Whom?
List of participants	20th Kartik/21st Kartik	Performing Arts teachers/ Language teachers
Invitation letter	6th Mangsir/21st Mangsir	Bijaya Shrestha
Mentoring	4th Mangsir – 6th Mangsir /18th Mangsir - 21st Mangsir	Performing Arts teachers/ Language teachers
Program schedule and registration sheet	5th Mangsir/18th Mangsir	Bijaya Shrestha/ Hangkeng Rai

Task Division

The tasks of the event were divided into three categories, pre-event, event and post-event. The details of the task division was maintained in a Google spreadsheet named [Deerwalk Sifal Night - Grade I & II -Mangsir 8](#) and [Deerwalk Sifal Night - Grade III & IV - Mangsir 22](#)

Program Schedule

The program started at 4:45 PM and ended at 6:45 PM.

Lower Elementary School

S. N	Programme	Performer	Title	Participants	Time
Registration (4:15 PM to 4:30 PM)					
1	National Anthem	Selected Students		Bishnu	2
2	Shanti Mantra	Selected Students		Bishnu	3
3	Welcome Speech	Sushila K		Sushila K	5
4	Song	I Kanchenjunga	रुने गीत	Sanjog/ Chanda/ Sarina	5
5	Song	I Lhotse	जङ्गलका जनावर	Sanjog/ Nemjala/ Sarina	5
6	Song	II Makalu	Popeye The Sailor Man	Sanjog/ Hama/ Sarina	5
7	Song	II Cho Oyu	गोठालो दाइ	Sanjog/ Bidhya/ Sarina	5
8	Fusion of Sanskrit Slok & Art Presentation	I Selected Students		Bishnu	5
9	Sanskrit Slok	II Selected Students		Bishnu	5
10	Drama	Selected Students	विभेद	Rajan/ Sushila	10
11	ITF	Selected Students		Jeevan/ Ankita	10
12	Yog & Meditation	Selected Students		Dwarika/ Bindu	10
13	Art & Craft	Selected Students		Sofiya/ Ankita	10
14	Dance	II Makalu	The Next Episode	Rameswori/ Hama/ Manisha	5
15	Dance	II Cho Oyu	Bloody Mary	Rameswori/ Bidhya/ Manisha	5
16	Dance	I Kanchenjunga	वो छु गल्ली त्यो छु गल्ली	Rameswori/ Chanda/ Manisha	5
17	Dance	I Lhotse	सिक्लेसको मेलेमा	Rameswori/ Nemjala/ Manisha	5
18	Closing Remarks	Sarina M		Sarina M	5
Student Release					
Total Time					120

Upper Elementary School

S.N.	Programme	Performer	Title	Participants	Time
Registration (4:15 PM to 4:30 PM)					
1	National Anthem	Selected Students		Bishnu	2
2	Swasti Bachan	Selected Students		Bishnu	3
3	Welcome Speech	Ankita P		Ankita P	5
4	Song	III Dhaulagiri	शनिबारको दिन	Sarina/ Nemjala	5
5	Song	III Manaslu	Ice Cream Scream	Anjali/ Nemjala	5
6	Song	III Nilgiri	कालो बिरालो	Manisha/ Nemjala	5
7	Song	IV Annapurna	Beautiful Girl	Sushila/ Nemjala	5
	Song	IV Himalchuli	कालो केशमा रेलिमै	Ankita/ Nemjala	5
8	Sanskrit Slok	III Selected Students	श्री रुद्राष्टकम्	Bishnu P	5
9	Sanskrit Slok	IV Selected Students	शिव ताण्डव	Bishnu P	5
10	Group Song	G IV Annapurna-Aslesha B, G IV Himalchuli- Aron S, Akshita P, Uddati B, G III Ma, G III Nilgiri- Sujeev S, Aron S	Baby I'm Yours	Respective Class Teachers/Nemjala	5
11	Group Dance	G IV Annapurna-Vani, Aarushi, Bedant P, G IV Himalchuli- Nirvik	कौदा नृत्य	Ankita/ Sushila/Chanda	5
12	Drama	Selected Students	जुनेली	Rajan/ Bidhya K	10
13	ITF	Selected Students		Jeevan/ Bidhya K	10
14	Yog & Meditation	Selected Students		Dwarika/ Bindu	10
15	Art & Craft	Selected Students	Asta Matrika	Sofiya/ Bidhya	10
16	Dance	III Dhaulagiri	हरियो भन्नु नि कन्छा	Sarina/ Chanda	5
17	Dance	III Manaslu	चस्मा लगौली	Anjali/ Chanda	5

18	Dance	III Nilgiri	Makeba	Manisha/ Chanda	5
19	Dance	IV Himalchuli	सतार नाच	Sushila/ Chanda	5
20	Dance	IV Annapurna	मेरो देश	Ankita/ Chanda	5
21	Closing Remarks	Bidhya K		Bidhya K	5
Student Release					
Total Time					125

Program Overview

DSS Sifal Night for Grade I–IV, Elementary School was hosted at Sifal School on the evening of Mangsir 8, 2080 BS and Mangsir 22, 2080 BS for Lower Elementary School and Upper Elementary School respectively. The students showcased their talents in performing arts at this occasion. The students displayed their accomplishments in various aspects such as: dance, music, poetry, public speaking, ITF, yoga, and visual arts. With the presence of 121 parents from grade I- II and 140 parents from grade III-IV, the event was unforgettable. The event is one of the most looked-forward-to nights which is valued by students as well as parents. The event was held at the courtyard of the Elementary School Block and Sagarmatha Hall respectively. The registration began from 4:15–4:30 P.M.

Formal Session

Mrs. Ankita Pokharel and Mrs. Hama Rajbhandari marked the beginning of the formal event at 4:45 P.M. on 8 Mangsir and 22 Mangsir respectively. The national song signaled the beginning of the event, everyone present there stood to express their respect for the nation. Then, Shanti Mantra filled the hall with calm on a spiritual, emotional, and bodily level. Mrs. Sushila Kafle's welcoming speech on 8 Mangsir, 2080 and Ms. Sarina Maharjan's welcome speech on 22 Mangsir, 2080 highlighted the importance of recreational and scholastic pursuits. They went on to say that students should give equal importance to their recreational and academic pursuits. The speech marked the end of the formal session.



National Anthem and Shanti Mantra



Mrs. Sushila Kafle | Welcome Note

Cultural Session

The cultural session for the Lower Elementary began with the first performance of grade one Kanchenjunga, who sang the song "Rune geet". The audience enjoyed themselves and sang along with the students. The second performance was by grade one Lhotse, who sang "Jungle Ka Janabar." The third performance was from grade two Makalu, who sang "Popeye the sailor man". The audience was thereafter filled with the lovely song "Gothalo Dai " by grade two Cho Oyo.

Likewise, the Upper Elementary Level began its first performance with the song “*Sanibar Ko Din*” sung by the students of grade III Dhaulagiri. This song is composed by grade III Dhaulagiri students: Kashvi Satyal and Ujjwal Dhakal. A very interesting song, “Ice Cream Scream”, written by the students of grade III Mansalu: Manavi Devkota and Aayuja Chaudhary was performed by the students of grade III Manaslu. That was followed by a song entitled “*Kalo Biralo*” performed by grade III Nilgiri. The song is written by grade III Nilgiri students: Aarya Regmi, Pranik K.C, Tejaswi Basnet and Sujeev Sapkota. The students of Grade IV Annapurna and Grade IV Himalchuli entertained the guests with songs titled “Beautiful girl” and “*Kalo Kesh ma*” respectively.



Rune Geet, Grade I Kanchenjunga



Sanibar Ko Din, Grade III Dhaulagiri

After the wonderful songs, the selected students of grades I and II recited Sanskrit Shlok while displaying the exquisite picture of the goddess Saraswati. After that, following that, the Drama club performed an act depicting "The mistreatment of or discrimination against people based on their perceived (or self-perceived) body size or shape.". After the wonderful act, the ITF club started performing their ‘katas’, showing the basic moves used in “offensive” and “defensive” techniques. After that, members of the Yog club performed some of the amazing physical positions used in Yog practices to build stamina, strength, serenity, flexibility, and wellbeing.

Moving on with the schedule fixed for Upper Elementary, selected students from grade III and IV by reciting Sanskrit composition in devotion of Rudra, "Rudrashtakam" and "Shiva Tandav". This was followed by a group

song “Baby I’m Yours” by Grade IV Annapurna: Aslesha Baidhya, Grade IV Himalchuli: Aaron Singh, Akshita Bhattarai, Uddati Bhattarai and Grade III Nilgiri: Sujeev Sapkota.

Along with the thrilling performances from different clubs, our students of the Visual Arts Club also displayed their lovely drawings by the students of Lower Elementary School.



Visual Arts Demonstration, Grade I-II



Visual Arts Demonstration, Grade III-IV

Moving on with the event of the Lower Elementary, the emcees invited grade two Makalu students to dance to the song "The Next Episode". The audience enjoyed the dance. Then our gorgeous grade two Cho Oyo students performed the song "Bloody Mary". Then grade one Kanchenjunga danced in a "Newari song" continued the dancing moment. The last performance of the event was done by students of grade one Lhotse who danced in the song "Sikles ko Melaima". The whole event was made unforgettable and amazing by their lovely performances and acts.

The program of Upper Elementary was followed by a group dance by Vani Sharma, Bedant Pathak, Nirvik Gurung and Aarushi Prasai in the folk song. Next was a heart touching drama under the theme “Juneli” acted by the selected students of grade III and IV with the message of “Differently abled students need to get special attention and be accepted by society.”

An energetic ITF performance was followed by Yog demonstration and art and craft demonstration under the theme “Asta Matrika” by the selected students of Grade III and IV. The third-grade students from Dhaulagiri, Manaslu, and Nilgiri grades took the stage with their fantastic dancing performances to the songs “Hariyo vanna ni”, “Chasma Lagauli”, and “Makeba”, respectively. Then, Annapurna in grade IV danced to the song "Mero Desh" with amazing grace. The last dance performance of the cultural session was given by the Himalchuli grade IV kids in Satar Nach.



The Next Episode, Grade II Makalu



Hariyo Vannu Ni, Grade III Dhaulagiri



Chasma Lagauli, Grade III Manaslu



ITF, Grade I-II



Yog, Grade III-IV



Drama, Grade I-II

Ms. Sarina Maharjan and Mrs. Bidhya Karki, concluded the program of Lower Elementary and Upper Elementary respectively by emphasizing the significance of the event, which offers an opportunity for students to demonstrate their skills.



Mrs. Bidhya Karki | Concluding Speech

Strengths and Areas for Improvement

Strengths	Areas for Improvement
The show began and concluded on time.	More volunteers are required.
The parents' enthusiasm made the program successful.	There wasn't enough illumination for the event.

Video: Deerwalk Digital Lab / Link in Progress

Photos: Deerwalk Digital Lab

Report by: Ankita Pokharel /Anjali Gurung