

# DEERWALK

*Sifal Night*

 Falgun 18 & Chaitra 2,  
Friday

 4:30 PM – 7 PM

 Sagarmatha Hall,  
Deerwalk Complex, Sifal



**Elementary School**

[deerwalk.edu.np](http://deerwalk.edu.np)

## CLOSING REPORT | DEERWALK SIFAL NIGHT | ELEMENTARY SCHOOL | 2080



## **Executive Summary**

*Sifal School successfully conducted the event, “Deerwalk Sifal Night” in which the students demonstrated the abilities and knowledge they obtained in school. At the event, the students performed and displayed their skills.*

Sifal School hosted “Deerwalk Sifal Night” for Elementary School on Falgun 18, 2080, and Chaitra 2, 2080, for Grade III-IV and I-II, respectively. The students performed a variety of performing arts that they had learned over the semester in front of their parents, guardians, and teachers. They gave performances in dance, music, theater, visual arts, ITF, yoga, and poetry.

The program started at 4:45 PM with an emcee introduction by Mrs. Ankita Pokharel, Faculty of English Department and Mrs. Hama Rajbhandari, Deputy Head of Elementary School for the Lower and Upper Elementary level respectively. As per the Sifal School’s tradition, the National Anthem and Shanti Mantra were sung by the students and followed by the welcome speech by Mrs. Bindu Poudel, Faculty of Nepali Department and Mrs. Nemjala Bajracharya, Elementary Educator of Grade I, for the Lower Elementary and Upper Elementary respectively. They conveyed the importance of academic achievement and pursuing one's hobbies are equally important for the overall development of students. Once the speech was over, the session ended.

There were 15 performances under the different classes and clubs done by the students of Lower Elementary level and 18 performances performed by the students of Upper Elementary.

The program was concluded by Mr. Bijay Kumar Shrestha, the principal of Sifal School with a concluding remark where he updated the audience about the school's growth and emphasized the importance of ECA programs. He even complimented students on their hard work and demonstrated the significance of their accomplishments. He highlighted many things which needed to be addressed. Finally, he offered his sympathies on the heartbreaking demise of one of the school's students.

## Deerwalk Sifal Night | Elementary School | 2080

'Deerwalk Sifal Night—Elementary School' was organized by Sifal School on Falgun 18, 2080 for the Upper Elementary School and on Chaitra 2, 2080 for the Lower Elementary School. Deerwalk Sifal Night (DSN), one of the school's main events which showcases performances by students who have studied a range of performing arts during the academic term. They present their learnings in front of their parents, guardians, and teachers, students in dance, music, theater, visual arts, poetry, shanti mantra, ITF, yoga, and emceeing.

Mrs. Hangkeng Rai, the Elementary School Head, coordinated the event. The performing arts teachers who guided the students included Mrs. Rameswori Kisi (Dance), Mr. Sanjog Malla (Music), Mr. Rajan Bhujel (Theater), Ms. Yunisha Shrestha (Visual Arts), Mr. Jeevan Magar (ITF), and Mr. Dwarika Poudel (Yog), in addition to emceeing and poetry aided by language teachers, Mrs. Ankita Pokharel, Mrs. Bindu Paudel, Mrs. Sindhu Poudel and Mrs. Anjali Gurung.

### Key Dates

| Task  | Date   | By Whom?                                       |
|---|--|--|
| List of participants                          | 4th Falgun/18th Falgun                               | Performing Arts teachers/<br>Language teachers |
| Invitation letter                             | 15th Falgun/30th Falgun                              | Bijaya Shrestha                                |
| Mentoring                                     | 15th Falgun– 17th Falgun/29th<br>Falgun -1st Chaitra | Performing Arts teachers/<br>Language teachers |
| Program schedule<br>and registration<br>sheet | 14th Falgun/2nd Chaitra                              | Bijaya Shrestha/ Hangkeng Rai                  |

### Task Division

The tasks of the event were divided into three categories, pre-event, event and post-event. The details of the task division were maintained in a Google spreadsheet named [Deerwalk Sifal Night - Grade I & II -Chaitra 2](#) and [Deerwalk Sifal Night - Grade III & IV - Falgun 18](#).

## Program Schedule

The program started at 4:45 PM and ended at 6:45 PM.

### Lower Elementary School

| S.N                               | Programme           | Performer   | Title                       | Source                        | Participants                      | Time |
|-----------------------------------|---------------------|---|-----------------------------|-------------------------------|-----------------------------------|------|
| Registration (4:15 PM to 4:25 PM) |                     |   |                             |                               |                                   |      |
| 1                                 | National Anthem     | Selected Students   |                             |                               | Bishnu                            | 2    |
| 2                                 | Swasti Bachan       | Selected Students   |                             |                               | Bishnu                            | 3    |
| 3                                 | Welcome Speech      | Bindu P   |                             |                               | Bindu P                           | 5    |
| 4                                 | Song                | I Kanchenjunga  | Here I go                   | Sanjog Sir (Self Composition) | Sanjog/ Chanda/ Sarina            | 5    |
| 5                                 | Song                | I Lhotse  | 5 Little Donkeys            | Sanjog Sir (Self Composition) | Sanjog/ Nemjala/ Sarina           | 5    |
| 6                                 | Song                | II Makalu   | Doe a deer/सारङ्गी म बजाउछु | Sanjog Sir (Self Composition) | Sanjog/ Hama/ Sarina              | 5    |
| 7                                 | Song                | II Cho Oyu  | लेक का हामी केटाकेटी        | <a href="#">link</a>          | Sanjog/ Bidhya/ Sarina            | 5    |
| 8                                 | Sanskrit Slok       | I & II Selected Students  |                             |                               | Bishnu                            | 5    |
| 9                                 | Solo Song           | Abhinya Ghimire - II Makalu   | You are my sunshine         | <a href="#">link</a>          | Respective Class Teacher/ Sarina  | 5    |
| 10                                | Special Group Dance | Grade I -Anwasha Pant, Deboshmita Mukharjee , Khushi Pokharel, Grade II- Aaradhya Tripathee, Suruchi Bimali, Aarshika Poudyal, Vidhatri Thapa, Parika Shrestha, Darpan Bhagat | Kathak in Sanskrit Song     |                               | Respective Class Teachers/ Sarina | 5    |
| 11                                | Drama               | Selected Students from Grade I & II   | 'Save the girl' - MIME Act  |                               | Rajan/ Manisha                    | 10   |
| 12                                | ITF                 | Selected Students from Grade I & II   |                             |                               | Jeevan/ Sushila                   | 10   |

|            |                  |                                     |                                     |                      |                             |     |
|------------|------------------|-------------------------------------|-------------------------------------|----------------------|-----------------------------|-----|
| 13         | Yog & Meditation | Selected Students from Grade I & II |                                     |                      | Dwarika/ Bindu              | 10  |
| 14         | Art & Craft      | Selected Students from Grade I & II | Ode to art and artist (surreal)     |                      | Yunisha/ Sushila            | 10  |
| 15         | Dance            | II Cho Oyu                          | Tutting Dance Form in Believer Song |                      | Rameswori/ Bidhya/ Manisha  | 5   |
| 16         | Dance            | II Makalu                           | <b>मिठो साहै मिठो</b>               | <a href="#">link</a> | Rameswori/ Hama/ Manisha    | 5   |
| 17         | Dance            | I Kanchenjunga                      | Tamang Selo                         | <a href="#">link</a> | Rameswori/ Chanda/ Manisha  | 5   |
| 18         | Dance            | I Lhotse                            | Waka Waka                           | <a href="#">link</a> | Rameswori/ Nemjala/ Manisha | 5   |
| 19         | Closing Remarks  | Bijaya Sir                          |                                     |                      | Bijaya Sir                  | 20  |
| Total Time |                  |                                     |                                     |                      |                             | 120 |

### Upper Elementary School

| S.N.                              | Programme       | Performer         | Title                    | Source                      | Participants     | Time |
|-----------------------------------|-----------------|-------------------|--------------------------|-----------------------------|------------------|------|
| Registration (4:15 PM to 4:30 PM) |                 |                   |                          |                             |                  |      |
| 1                                 | National Anthem | Selected Students |                          |                             | Bishnu           | 2    |
| 2                                 | Swasti Bachan   | Selected Students |                          |                             | Bishnu           | 3    |
| 3                                 | Welcome Speech  | Nemjala B         |                          |                             | Nemjala B        | 5    |
| 4                                 | Song            | III Dhaulagiri    | लैजाऊ                    | link                        | Sarina/ Nemjala  | 5    |
| 5                                 | Song            | III Manaslu       | फूलबुट्टे सारी           | link                        | Anjali/ Nemjala  | 5    |
| 6                                 | Song            | III Nilgiri       | Johnny B. Goode          | link                        | Manisha/ Nemjala | 5    |
| 7                                 | Song            | IV Annapurna      | मेरो आँखलाई राख्ने       | link                        | Sushila/ Nemjala | 5    |
| 8                                 | Song            | IV Himalchuli     | Santa Claus eating sauce | Aaron Singh (Self Compositi | Ankita/ Nemjala  | 5    |

|                 |                  |   |                                    |      |                                   |    |
|-----------------|------------------|---|------------------------------------|------|-----------------------------------|----|
|                 |                  |   |                                    | on)  |                                   |    |
| 9               | Sanskrit Slok    | III Selected Students   | निर्वाणषट्कम्                      |      | Bishnu P                          | 5  |
| 10              | Sanskrit Slok    | IV Selected Students  | सरस्वती स्तुति                     |      | Bishnu P                          | 5  |
| 11              | Group Song       | G IV Annapurna (Aslesha Baidya, Aarushi Prasai, Aava Dangol, Aryama Bhattarai, Vani Sharma, Ishani Chhetri, Sanidhya Tripathi) + G IV Himalchuli (Eshana Oli, Saanvi Shrestha, Subashi Sahi, Nirvik Gurung, Aiden Man, Uddati Bhattarai, Akshita Bhattarai) | खै                                 | link | Respective Class Teachers/Nemjala | 5  |
| 12              | Group Dance      | G IV Annapurna (Bedant Pathak) + G III Nilgiri (Eedha Bista)  | तामाङ सेलो                         | link | Respective Class Teachers/Chanda  | 5  |
| 13              | Drama            | Selected Students   | बुद्ध्यौलीको घर                    |      | Rajan/ Bidhya K                   | 10 |
| 14              | ITF              | Selected Students   |                                    |      | Jeevan/ Bidhya K                  | 10 |
| 15              | Yog & Meditation | Selected Students   |                                    |      | Dwarika/ Bindu                    | 10 |
| 16              | Art & Craft      | Selected Students   | Surreal Art                        |      | Yunisha/ Bidhya                   | 10 |
| 17              | Dance            | III Dhaulagiri  | 24 k Magic song                    | link | Sarina/ Chanda                    | 5  |
| 18              | Dance            | III Manaslu   | Tuting Dance Form (Alphabet theme) |      | Anjali/ Chanda                    | 5  |
| 19              | Dance            | III Nilgiri   | हुकुम बक्सियोस (Modern theme)      | link | Manisha/ Chanda                   | 5  |
| 20              | Dance            | IV Annapurna  | Dhimal Cultural dance              | link | Sushila/ Chanda                   | 5  |
| 21              | Dance            | IV Himalchuli   | पश्चिम कोही पूर्व घर               | link | Ankita/ Chanda                    | 5  |
| 22              | Closing Remarks  | Bijaya Sir  |                                    |      | Bijaya Sir                        | 15 |
| Student Release |                  |   |                                    |      |                                   | 10 |



## Program Overview

DSS Sifal Night for Grade I–IV, Elementary School was hosted at Sifal School on the evening of Falgun 18, 2080 BS and Chaitra 2, 2080 BS for Upper Elementary School and Lower Elementary School respectively. The students showcased their talents in performing arts at this occasion. The students displayed their accomplishments in various aspects such as: dance, music, poetry, public speaking, ITF, yoga, and visual arts. With the presence of 125 parents from grade I- II and 119 parents from grade III-IV, the event was unforgettable. The event is one of the most looked-forward-to nights which is valued by students as well as parents. The event was held at the Sagarmatha Hall respectively. The registration began from 4:15–4:30 P.M.

## Formal Session

Mrs. Ankita Pokharel and Mrs. Hama Rajbhandari marked the beginning of the formal event at 4:45 P.M. on Falgun 18 and Chaitra 2 respectively. The national anthem started up the ceremony, and everyone in attendance rose to show their devotion to the nation. Swasti Bachan then brought serenity to everyone present on a spiritual, emotional, and physical level. Mrs. Nemjala Bajracharya's welcome speech on 18 Falgun, 2080, and Mrs. Bindu Poudel's welcome speech on 2 Chaitra, 2080, both emphasized the significance of recreational and academic endeavors. They went on to add that students should place equal value on their recreational and academic activities. The speech signaled the conclusion of the formal session.



**National Anthem and Swasti Bachan**



**Mrs. Bindu Paudel | Welcome Note**

## Cultural Session

The cultural session for the Lower Elementary began with the first performance of grade I Kanchenjunga, who sang the song "Here I Go". The second performance was by grade I Lhotse, who sang "5 Little Donkeys". The third performance was from grade II Makalu, who sang "Doe a Deer". These songs were composed by our music instructor, Mr. Sanjog Malla. The audience was thereafter filled with the lovely song "*Leka Ka Hami Keta Ketu*" by grade II Cho Oyu. Then the selected students of grade I and II chanted Sanskrit Slok which filled the hall with calm on a spiritual, emotional, and bodily level. At last, Abhinya Ghimire of grade II Makalu sang the song, "You Are My Sunshine" for the audience.

Likewise, the Upper Elementary Level began its first performance with the song "*Laie Jau*" sung by the students of grade III Dhaulagiri. Then, a very interesting song, "*Fulbute Saree*", was sang by grade III Mansalu. That was followed by a song entitled "Johnny B. Goode" performed by grade III Nilgiri. The students of Grade IV Annapurna and Grade IV Himalchuli entertained the audience with songs titled "*Mero Aakha lai*" and "Santa Claus eating sauce" respectively. The song "Santa Claus eating sauce" was composed by Aaron Singh, one of the students in grade IV. After that selected students of grade III and IV chanted Sanskrit Slok. Then selected students of grade IV sang a song "Khai" that was written, composed and sung by Bartika Rai.



**Here I Go, Grade I Kanchenjunga**



**Laie Jau, Grade III Dhaulagiri**

After the delightful songs, the selected students of grades I and II presented Kathak in Sanskrit song. Following that, the Drama club performed a mime act titled, "Save the Girl" which



depicting that in order to save humans from extinction we have to take measures to save the girl child. After the wonderful act, the ITF club started performing their ‘katas’, showing the basic moves used in “offensive” and “defensive” techniques. After that, members of the Yog club performed some of the amazing physical positions used in Yog practices to build stamina, strength, serenity, flexibility, and wellbeing. In addition to the exciting performances, our Visual Arts Club students also had their beautiful artworks on exhibit.

Moving on with the schedule fixed for Upper Elementary, selected students from grade III and IV performed “Tamang Selo”. Then the Drama club performed an act depicting, "Good care of our elderly parents" in their drama titled “*Budauli ko Ghar*”. Following the amazing performance, the ITF club began practicing their "katas" which demonstrated the fundamental motions used in both "offensive" and "defensive" tactics. Following that, the Yog club members demonstrated some of the incredible physical postures utilized in Yog practices to increase wellness, flexibility, strength, tranquility, and stamina. Along with the thrilling performances from different clubs, our students of the Visual Arts Club also displayed their lovely drawings.



**Group Dance, Grade I-II**



**Group Song, Grade IV**

Moving on with the event of the Lower Elementary, the emcees invited grade II Cho Oyu students to do a tutting dance to the song "Believer ". The audience enjoyed the dance. Then grade II Makalu performed on the song "*Mitho Sarai Mitho*". Then grade I Kanchenjunga danced "Tamang Selo” continued the dancing moment. The last performance of the event was done by students of grade I Lhotse who danced in the song "Waka Waka". Their beautiful acts and talents made the entire occasion unique and spectacular.

The program of Upper Elementary was followed by the third-grade students from Dhaulagiri,

Manaslu, and Nilgiri grades who took the stage with their fantastic dancing performances to the songs “24 K Magic”, “Tutting in Alphabet theme” and "*Hukum Bhaksiyos*" respectively. Then, Annapurna in grade IV performed "Dhimal Dance" with amazing grace. The last dance performance of the cultural session was given by the Himalchuli grade IV kids in “*Paschim Kohi Purba Ghar*”.



**Doe a Deer, Grade II Makalu**



**Tutting Dance, Grade III Manaslu**



**Hukum Bhaksiyos, Grade III Nilgiri**



**Leka Ka Hami, Grade II Cho Oyu**



## Yog, Grade III-IV

## Drama, Grade I-II

Mr. Bijay Shrestha concluded the Lower Elementary and Upper Elementary programs by stressing the importance of the event, which provides an opportunity for children to exhibit their skills as well as the few changes that are being made in the new academic session.



**Mr. Bijay Shrestha | Concluding Speech**

After the concluding speech, the teachers sang a song “*Hazar Sapana*” to show tribute to one of the students who lost her life in a tragic accident.



**Hazar Sapana – A Tribute**



## Strengths and Areas for Improvement

| Strengths  | Areas for Improvement   |
|--|---|
| The presence of parents contributed to the success of the program. | Throughout the show, there were a few technical difficulties for the presenter. |
| The volunteers were dignified in their assigned tasks.             | All the events were not captured in the picture.                                |
| The students presented themselves in an elegant way.               |   |

*Video: Deerwalk Digital Lab / In Progress*

*Photos: Deerwalk Digital Lab*

*Report by: Ankita Pokharel /Anjali Gurung*