

TEXT BOOKS – YEAR 2076

GRADE I

S.N.	Subjects	Text Book	Publisher
1	Nepali	My Nepali Book 1	JEMC
2	English	My English Book 1	JEMC
3	English	Nelson English 1	Nelson Publication
4	Science	My Science, Health and Physical Education 1	JEMC
5	Social Studies	My Social Studies and Creative Arts 1	Readmore
6	Mathematics Nepali	My Mathematics 1	JEMC
7	Sanskrit	समज्ञा, प्रथमसोपानम् 1	
8	Computer	Modern Computer Science 1	Vidyarthi Prakashan

GRADE II

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 2	JEMC
2	English	My English Book 2	JEMC
3	English	Nelson English 2	Nelson Publication
4	Science	My Science, Health and Physical Education 2	JEMC
5	Social Studies	My Social Studies and creative Arts 2	Readmore
6	Mathematics	My Mathematics 2	JEMC
7	Sanskrit	समज्ञा, द्वितीयसोपानम्	
8	Computer	Modern Computer Science 2	Vidyarthi Prakashan

GRADE III

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 3	JEMC
2	English	My English Book 3	JEMC
3	English	Nelson English 3	Nelson Publication
4	Science	My science, Health and Physical Education 3	JEMC
5	Social Studies	My Social Studies and creative Arts 3	Readmore
6	Mthematics	My Mathematics 3	JEMC
7	Sanskrit	समज्ञा, तृतीयसोपानम्	
8	Computer	Modern Computer Science 3	Vidyarthi Prakashan

GRADE IV

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 4	JEMC
2	Our English	Our English 4	JEMC
3	English	Nelson English 4	Nelson Publication
4	Science	My science, Health and Physical Education 4	JEMC
5	Social Studies	New Social Studies with Creative Art 4	Readmore
6	Mathematics	My Mathematics 4	JEMC
7	Computer	Modern Computer Science 4	Vidyarthi Prakashan
8	Sanskrit	बीजवाणी(प्रथमाङ्कुरः) 4	
9	Chinese	Part 1	Sifal School



GRADE V

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 5	JEMC
2	Our English	Our English 5	JEMC
3	English	Nelson English 5	Nelson Publication
4	Science	My science, Health and Physical Education 5	JEMC
5	Social Studies	New Social Studies with Creative Art 5	Readmore
6	Mathematics	My Mathematics 5	JEMC
7	Computer	Modern Computer Science 5	Vidyarthi Prakashan
8	Sanskrit	बीजवाणी(द्वितीयाङ्कुरः) 5	
9	Chinese	Part 1	Sifal School

GRADE VI

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 6	JEMC
2	Our English	Our English 6	JEMC
3	English	Nelson English 6	Oxford
4	Science	Science 6	JEMC
5	Social Studies	Social Studies and Population Education 6	Readmore
6	Mathematics	My Mathematics 6	JEMC
7	OBTE	Occupation, Business and Technology Education 6	JEMC
8	H.P.E.	Health and Physical Education 6	JEMC
9	Moral Science	Moral Education 6	JEMC
10	Computer	Modern Computer Science 6	Vidyarthi Prakashan
11	Sanskrit	बीजवाणी(तृतीयाङ्कुरः) 6	
12	Chinese	Part 1	Sifal School
13	Chanakya Niti	Part 1	Sifal School

GRADE VII

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 7	JEMC
2	Our English	Our English 7	JEMC
3	English	Nelson English 7	Oxford
4	Science	My Science 7	JEMC
5	Social Studies	Social Studies and Population Education 7	Readmore
6	Mathematics	My Mathematics 7	JEMC
7	OBTE	Occupation, Business and Technology Education 7	JEMC
8	H.P.E.	Health and Physical Education 7	JEMC
9	Moral Science	Moral Education 7	JEMC
10	Computer	Modern Computer Science 7	Vidyarthi Prakashan
11	Sanskrit	बीजवाणी(चतुर्थाङ्कुरः) 7	
12	Chinese	Part II	Sifal School
13	Chanakya Niti	Part I	Sifal School



GRADE VIII

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 8	JEMC
2	Our English	Our English 8	JEMC
3	Science	My Science 8	JEMC
4	Social Studies	My Social Studies 8	JEMC
5	Mathematics	My Mathematics 8	JEMC
6	OBTE	Occupation, Business and Technology Education 8	JEMC
7	H.P.E.	Health and Physical Education 8	JEMC
8	Moral Science	Moral Education 8	JEMC
9	Computer Science	Modern Computer Science 8	Vidyarthi Prakashan
10	Sanskrit	बीजवाणी(चतुर्थाङ्कुरः)	
11	Chinese	Part II	Sifal School
12	Chanakya Niti	Part I	Sifal School

GRADE IX

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 9	JEMC
2	English	Our English 9	JEMC
3	Mathematics	My Mathematics 9 Additional Mathematics 9	JEMC
4	Science	Compulsory Science 9	JEMC
5	Social Studies	Social Studies 9	JEMC
6	EPH	Environment Health and Population 9	JEMC
7	A Mathematics	Additional Mathematics 9	Readmore
8	Computer Science	Modern Computer Science 9	Vidyarthi Prakashan

GRADE X

S.N.	Subject	Text book	Publisher
1	Nepali	My Nepali 10	JEMC
2	English	Our English 10	JEMC
3	Mathematics	My Mathematics 10	JEMC
4	Science	Compulsory Science 10	JEMC
5	Social Studies	Social Studies 10	JEMC
6	EPH	Environment Health and Population 10	JEMC
7	A Mathematics	Additional Mathematics 10	Readmore
8	Computer Science	Modern Computer Science 10	Vidyarthi Prakashan